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## **COVID-19 - Program Guidelines**

The following best practices are intended to offer guidance to each child and his or her parent/guardian during participation in a STARS Youth Enrichment Program, Inc.'s day camp. Adherence to these guidelines and recommendations does not ensure immunity from exposure. No single set of guidelines should serve as a substitute for good judgment and common sense. If anyone does not feel safe or comfortable with the social interaction you or your child will receive by participating in a STARS Youth Enrichment Program, Inc. day camp, you can make the decision to stay home. These guidelines may be adapted and modified as needed.

## **General Guidelines**

- 1. Be smart: **if you are sick or feel ill, stay home**. This applies to everyone. Daily symptom self-checks are to be conducted by everyone.
- 2. Sanitize: have hand sanitizer available and encourage hand washing before and after all activities.
- **3.** No high-fives, handshakes, or hugs.
- **4.** Masks Your child is not recommended to wear a mask while participating in a sports activity, but should wear a mask at all other times while participating in the Program.
- **5.** All spectators not within the same family unit are required to social distance and to remain 6 feet apart.
- **6.** Any child who has recently tested positive for COVID-19 must provide written clearance from a physician to participate in the Program.
- 7. If your child has traveled to and returned from a state reporting positive testing rates of 15% or higher for COVID- 19 within 14 days prior to the Program date, you and your child are asked to not participate in the Program.

## **Parent Responsibilities**

- Ensure your child is healthy and check your child's temperature before bringing your child to participate in the Program. If your child exhibits a temperature of 100F or higher or has experienced any feelings of being ill, or any COVID-19 symptoms, do not bring your child to participate in the Program.
- Social distance from others dropping off and picking up their children and wear a mask if local or state health guidelines should dictate.

## **Participant Responsibilities**

- Tell your parents, guardians, or STARS Youth Enrichment Program, Inc. personnel right away if you are not feeling well.
- Wash hands thoroughly and regularly throughout the day of the Program.
- Use hand sanitizer regularly during the day of the Program.
- Wear a face mask before and after all athletic activities. This protects others in the event that you are unknowingly carrying the virus.
- Do not touch or share anyone else's equipment, water, food, or bags.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- No group celebrations, high-5s, hugs, handshakes, fist-bumps, etc.

Follow all CDC quidelines as well those of your local health authorities.